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Hospice of Tift Area and Tift Regional Palliative Care to hold a free motivational seminar featuring comedian Diana Jordan



***Caption:** Motivational comedian Diana Jordan is a breast cancer survivor.*

(Oct. 3, 2024, Tifton, Georgia) - Hospice of Tift Area and Tift Regional Palliative Care will be holding a community event titled “The Healing Power of Laughter” at the Tift Regional Community Events Center on Nov. 7 at 6:00 p.m. This free seminar will feature motivational comedian, actor, and author Diana Jordan.

“Laughter and humor can fulfill one of the main goals of hospice and palliative care, which is the improvement of a patient’s overall quality of life,” said Vicki Taft, Volunteer Coordinator with Hospice of Tift Area. “It is also an important coping mechanism for the families and friends of hospice and palliative patients. It adds a human dimension to the care. Diana will showcase this during her presentation.”

Jordan is a stand-up comedian who has appeared in film and television and has performed at Radio City Music Hall and The Kennedy Center as well as venues in Las Vegas and Atlantic City. She has also entertained U.S. military troops in Asia and Germany.

Jordan is a self-described “edu-tainer.” She has made two appearances on Oprah Winfrey’s TV show showcasing her book, “A Wife’s Little Instruction Book—Your Survival Guide to Marriage Without Bloodshed,” which sold over a half a million copies in five languages.

Growing up in a small town in Oklahoma, Jordan relocated to California in her thirties where she studied acting alongside Robin Williams, whom she also dated. In 2010, Jordan was diagnosed with breast cancer and is now a 14-year survivor.

“My greatest desire is to heal the world, one laugh at a time,” said Jordan.

Taft said Jordan’s energetic, funny, and descriptive stories demonstrate why humor is so important in curbing stress, avoiding burnout, and building resilience.

“Attendees will be entertained, motivated, and inspired by Diana,” said Taft. “Please come and join us.”

This free event includes a light meal, but seating is limited, and registration is required. Call 229-353-6373 to register. The Tift Regional Community Events Center is located in Tifton at 1657 S. Carpenter Road, connected to the Tiftarea YMCA.

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About Southwell

Southwell is a leading integrated healthcare system dedicated to delivering quality and compassionate care in South Georgia. Southwell includes Tift Regional Medical Center, Southwell Medical, Southwell Health and Rehabilitation, and more than thirty-five (35) outpatient diagnostic and treatment facilities, physician clinics, and endoscopy procedure centers. Please visit www.MySouthwell.com for more information.